



Inme camps are outdoor and adventure-based camps set in nature that build confidence in a child.

Spend 7 days in in Rishikesh. Take in the fresh, pine air and share a campsite with moths, beetles, centipedes and lots of birds—far, far from the city lights. Raft harder and kayak faster through the swift, gushing waters of the Ganga.

This is a self-contained expedition where participants pitch their own tents to set up camp at a different location every day, cook their own food and manage resources and share responsibilities.



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<b>Code</b>	<b>Age-Group</b>	<b>Departure</b>	<b>Arrival</b>
GRW1	14-17 yrs	24 December	30 December
GRW2	14-17 yrs	02 January	08 January

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## CAMPUS AND AREA

Our stunning forest campus, Camp Aquaterra, is located in the main Upper Ganga valley, 30 kms from the rafting capital of India, Rishikesh.

Nestled amidst pine and oak forests, the campus provides a complete outdoor experience with options for white water rafting, kayaking and ropes courses.



## TRAVEL

### **From Delhi:**

Departure: 11:00 pm (report by 10:15 pm)  
New Delhi Airport, Terminal 2 Bus parking. Travel in an AC bus to camp. Arrival at campus by lunch.



### **Return to Delhi:**

Arrival: 04:00pm at New Delhi Airport, Terminal 2 Bus parking.

### **Outstation Participants**

Fly into Dehradun to join the program. As one extra night will be there in Rishikesh additional charge of Rs. 3000/- will be there

## WEATHER

Temperatures range from 19°C to 8°C. Daytime is very pleasant. This is the perfect time to do Rafting as rapids are the best during this period



## ACCOMMODATION

Participants stay in fixed tents. Separate accommodation for boys and girls.



## TOILETS

Western toilets with hand faucets and flushes. Hot water can be provided for bathing.



## INSTRUCTORS & MEDICAL SUPPORT

1:6 instructor to child ratio.

Instructors include a mix of female and male instructors. All instructors are experienced and certified outdoor experts.

A resident doctor is available at all times at the campus.



## FOOD

Wholesome nourishing meals are provided. The food is largely vegetarian with non-veg served 2-3 times on the program. Other than breakfast, lunch and dinner we provide snacks and refreshments at appropriate times with emphasis on staying hydrated. There is variety and we take care of both taste and nutrition in planning the menu.



## FITNESS & PREPARATION

This program might be more demanding than the usual physical activities you're used to. We recommend a little jogging, stretching and exercising a few weeks before the departure to gain the flexibility and agility needed to truly enjoy the experience. Do this wearing the shoes you want to carry for the program—it'll help break into them.



# DAY WISE SCHEDULE

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- Day 1**                      **Departure from Delhi at 11pm**
- Day 2**                      **WATER WOW** Arrive at the camp, get comfortable and get ready for an exciting rafting and kayaking expedition. Learn self-rescue and safety management such as flip drills and guidance.
- Day 3**                      **HIT THE RAPIDS** Drive up to Devprayag, the confluence of Alaknanda and Bhagirathi rivers, and start your rafting adventure. Post lunch reach night out beach 1. Pitch camp beachside.
- Day 4**                      **Rafting Continues**  
Continue rafting on the Ganga, enjoying the scenic views and thrilling rapids
- Day 5**                      **IN YOUR KAYAKS** Switch to kayaks and paddle your way through the river, learning new skills and techniques
- Day 6**                      **BACK TO CAMP** Second kayaking session to reach back to camp. Inme Camp Olympics in the evening
- Day 7**                      **BYE-BYE** Bid adieu to the camp and leave for Delhi. Arrival in Delhi by 4pm

*\*This is a tentative design and may undergo a change.*

